

PRESS RELEASE

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FOREST SIDE MEMORY CARE OPENS ADULT DAY PROGRAM

Forest Hills, DC –

Forest Hills of DC, a private not-for-profit organization which has been serving seniors since 1889 is expanding its Forest Side Memory Care Assisted Living service to include an Adult Day Program.

“Over the last several years, our senior leadership has identified the need to evolve our Forest Side Memory Care services to better serve the needs of individuals’ with dementia remaining at home with spouses and families.” according to Mary Savoy, MS, LNHA, Executive Director.

“We are well aware that many spouses and family members choose to have their loved ones’ with dementia remain at home as long as possible. This act of love can cause many family care givers to experience significant stress and burnout.” she added. “A local Day Program provides those family members with much needed support during their long journey.”

“The opening of our Forest Side Memory Care Day Program represents a core belief of our organization, which is to create a safe, compassionate and supportive community that inspires seniors to remain active and healthy.”

Forest Side Memory Care Assisted Living was recognized nationally and honored with a Commitment to Quality Award by the National Center for Assisted Living (NCAL).

Forest Hills of DC offers licensed Assisted Living services in 58 apartments on Connecticut Avenue, NW and operates a highly specialized memory care facility, Forest Side, located at 2701 Military Road, NW.

In addition, the organization provides short-term, post-hospitalization, sub-acute rehabilitation and long-term care in a licensed skilled nursing facility.